

Women's Health Matters

14th October 2026

Virtual Patient Education Evening



Real Answers. Expert Advice. Better Health.

Join our Virtual Patient Education Evening and gain expert advice, practical insights, and answers to your women's health questions. Whether you're navigating changes, seeking reassurance, or simply looking to learn more, our specialists are here to help.

Why Attend?

- ✓ Expert-led advice
- ✓ Practical health insights
- ✓ Live Q&A opportunities
- ✓ Free from the comfort of home

Our speakers



Miss Lamiese Ismail
(Gynaecologist)



Mr Martin Hirsch
(Gynaecologist)



Mr Dennis Remoundos
(Oncoplastic Breast Surgeon)



Ms Kat Baker
(Colorectal Surgeon)



Dr Waleed Fateen
(Gastroenterologist)



Mr Matthew Izett-Kay
(Gynaecologist)

18:30 – 18:35 | Welcome & Introduction

18:35 – 18:55 | Menopause & Perimenopause:
Understanding Hormonal Changes and Taking Control
(15 min presentation + 5 min Q&A)
Miss Lamiese Ismail

18:55 – 19:15 | Endometriosis, Fibroids & Heavy Periods:
When Is It More Than Just a Bad Period? (15 min
presentation + 5 min Q&A)
Mr Martin Hirsch

19:15 – 19:35 | Breast Health & Early Detection: Knowing
What Is Normal and When to Get Checked
(15 min presentation + 5 min Q&A)
Mr Dionysios Dennis Remoundos

19:35 – 19:55 | Midlife Weight Gain, Metabolism & Liver
Health
(15 min presentation + 5 min Q&A)
Dr Waleed Fateen

19:55 – 20:15 | Bowel Health and Bowel Cancer
Awareness: Symptoms Women Should Not Ignore (15
min presentation + 5 min Q&A)
Ms Kat Baker

20:15 – 20:35 | Pelvic Floor Health & Healthy Ageing
(15 min presentation + 5 min Q&A)
Mr Matthew Izett-Kay

20:35 – 20:40 | Closing Remarks

Free online event
Register and save
your space today!



Register Here



For more information about our events, contact
events.oxford@nuffieldhealth.com